



Team Building energizes and strengthens the group,  
encouraging participatory search  
for different solutions to problems of day-to-day

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# Indoor & Outdoor Activities

# Team Building Activities - Outdoor

Signature Portugal4u



## Beach Olympics (1)

Team Building strengthens the group, encouraging participatory search for different solutions to problems of day-to-day.

This activities with enhance the following team skills: ice breaking, creativity, cooperation, communication, team bonding and overcoming problems.

Blind Trust



Ballon Dance



Sing'a'Song



It Tastes like...





# Team Building Activities - Outdoor

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## Beach Olympics (2)

Team Building strengthens the group, encouraging participatory search for different solutions to problems of day-to-day.

This activities with enhance the following team skills: ice breaking, creativity, cooperation, communication, team bonding and overcoming problems.

Survival 101



Pull



Ping 'n' pong



Jump





# Team Building Activities - Outdoor

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## Experiences (1):

Team Building strengthens the group, encouraging participatory search for different solutions to problems of day-to-day.

This activities with enhance the following team skills: ice breaking, creativity, cooperation, communication, team bonding and overcoming problems.

Krav Maga  
Israeli Self Defense



Yoga



Body combat



Zumba



SUP





# Team Building Activities - Outdoor

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## Experiences (2):

Team Building strengthens the group, encouraging participatory search for different solutions to problems of day-to-day. This activities with enhance the following team skills: ice breaking, creativity, cooperation, communication, team bonding and overcoming problems.

Volleyball



Rafting Challenge



Boules





# Team Building Activities - Indoor

Lets fly away!

Spaguettallow

Talk to Me

Me & who?

Work of Art!

Stay with us, island!

#Knowyourpeople

Memory Wall

And more!



Suitable for: Cooperation, Creativity, Collaboration



# Team Building Activities - CSR

## Help the Pets!

Help the local kennel! Through an educational activity, realize the needs of our associations and help us to help abandoned animals! This activity has the group participate in the daily tasks of the Municipal Kennel, doing cleaning, bathing the pets and also take them on a tour. This activity can be performed in more competitive templates by the group division in teams thus creating some competition between them. We complement activity with a traditional or vegetarian lunch.

Payment of the activity will be a donation to the kennel, helping to purchase food, or infrastructure refurbishment.





# Team Building Activities - CSR

## Cleaning of a Protected Area!

Clean a protected area!

Choose one of the protected areas of the Algarve and help us to have a cleaner environment!

The activity always accompanied by biologists, who will explain the importance of the area to be cleaned, and the positive impact it will have after your intervention! The amount payable will be delivered to local associations, which will improve/maintain the conditions of the area, and the possibility of being rebuilt the identifying signs of species of local fauna & flora.





# Team Building Activities - CSR

## The Oysters of the Island!

One of our best CSR activities! In this activity the group will be able to help the local community and also get to know the life of the people from the Algarvian islands! The participants will have an experience of how do the fisherman's work on the oysters in order to understand the economical importance for the community. We will also be able to taste the oysters and mussels produced by the fishermen. The activity will be supervised by biologists that will assure that we will follow the national and international rules and protocols. The payment of this activity will be donated to the local associations! We can also make this activity more dynamic by dividing the group in teams and do a competition with the tasks given!





# Team Building Activities – Other Options

## Algarvian Masterchef!

The participants will have a private lesson with an expert Head Chef! This HeadChef was for more than 30 years Metre d'Hotel in Ritz Boston and he's now in the Algarve to show you more of the Algarvian traditional cooking! This activity can be made as a Workshop for the Maximum of 20 people or as a Show Cooking (where the participants will be helping the Head Chef and the Sous Chef to cook their dishes! From Algarvian salads to the typical Algarvian Cataplana (King size mode) you will be able to cook the most delicious Algarvian delicassies. Full lunch is included! Suitable for small groups!





# Team Building Activities – Other Options

## Jeep Experience

An adventure in the Algarvian mountains! In this activity, participants will have to guide the driver! Teams will receive navigation devices at the beginning of the activity and, during it, will have to solve quizzes and riddles to reach several predetermined points. During Jeep Safari, the teams also have to overcome challenges outside the jeep as bow and arrow competitions, slide, and many other adventures! ...

Suitable for: Adventure, Leisure, Stress Release

Duration: 2 to 3 hours





# Team Building Activities – Other Options



## Need 4 Speed

The race track madness has arrived! 45 minutes of karting with track adaptation training and race... Followed by Pit Stop experience with wheels change in a static car, F1 style!



Suitable for: Team Work, Adventure, Coordination

Duration: 2 to 3 hours





# Team Building Activities – Other Options

## Bubble Football

Can you imagine playing football in a bubble ?? An experience no one will forget! If Football is a sport for men, Bubble Football is a sport for all, regardless of gender or age! Laughter and falls are guaranteed! This is a massive kids game...for adults!

Suitable for: New Challenges, Fun, Leisure, Stress Release

Duration: Depends on number of pax





# Team Building Activities – Other Options

## Folklore Flash Mob

An offer designed exclusively to show customers one of our traditions and Portuguese branding!! The group is surprised by a portuguese folk group, with its singers, dancers and their traditional costumes.

The folk group will interact with the group, inviting them to learn some steps of our traditional dance.

Suitable for: Fun, Leisure, Stress Release

Duration: 1 hour





# Team Building Activities – Other Options



## Orientation Challenge

- ✘ In this activity we invite your clients to have fun and test their sense of direction. Only with teamwork and cooperation will the elements reach all the goals and complete the circuit. All the teams start at the same location but with the slopes directed toward different locations, at least initially.
- ✘ The trails are circular and the activity can occur in **Ludo** (Ria Formosa Natural Park), surrounded by nature, or in **Faro downtown**, where participants seek the tracks while become familiar with the city and its history, culture and people.

Suitable for: Discovery, Challenge, Team Work, Coordination

Duration: 3 hours

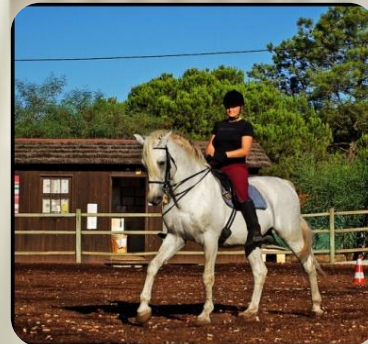




# Team Building Activities – Other Options

## More outdoor options...

- ✕ Mind & Body Classes
- ✕ Beach Boot Camp
- ✕ Chocolate Show Cooking
- ✕ Group Photo Tour
- ✕ Boat Tour / Regatta
- ✕ Wine Tasting
- ✕ Horse Riding
- ✕ Buggy Escape
- ✕ Golf Day
- ✕ SUP – Stand Up Paddle
- ✕ Cork Workshop
- ✕ Jet Ski Circuit





# Contacts



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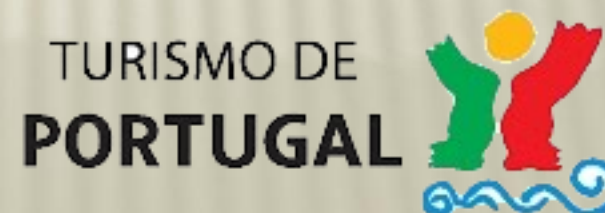
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